



Vivekanand School

F-Block, Preet Vihar, Delhi - 110092

Ref. No. : VS/PV/2026-27/Cir-02

Date : 8/04/2026

“No Food Wastage” Initiative

Dear Parent

Namaste!

In our continuous effort to instil responsible habits and values among students, the school is initiating a **“No Food Wastage” campaign for students from classes Nursery to V**. The objective of this initiative is to help children understand the importance of respecting food, develop mindful eating habits, and encourage them to finish the meals brought from home.

Young children learn best through consistent routines and positive reinforcement. Through this programme, students will be gently guided during lunch time to consume their meals responsibly and avoid discarding leftover food. They will also be sensitised through school assemblies, classroom discussions, awareness activities, and presentations to help them understand the value of food and the effort involved in preparing it.

To encourage positive habits, students who consistently finish their lunch will be acknowledged and appreciated through monthly appreciation cards.

For the success of this initiative, parental cooperation is essential. We request you to kindly support us by:

- Sending age-appropriate portions in your child’s tiffin.
- Avoiding excess variety or food that your child usually does not prefer.
- Reducing the quantity if food is repeatedly left unfinished.
- Encouraging your child to eat independently and finish their meals.
- Reinforcing at home the importance of respecting food and avoiding wastage.

Together, let us help our children develop the values of gratitude, responsibility, and mindful consumption.

We look forward to your support in making this initiative meaningful and successful.

Warm regards

Sunita Rajaura

Principal (Officiating)